

Evening Activity Ideas for Inside

Steal the Bacon

Materials required: An object that can be grabbed (ball, shoe, etc.)

Split the group into two equal teams. Arrange the two teams into two parallel lines about 10m from each other, facing each other. Place the object in the middle, between the two teams. Go down each line and assign each person a number (in sequence, starting from one). Each person should have the same number with a person on the opposing team.

The object of the game is to be the first person to grab the object if your number is called and bring it back to your team's line untagged. As soon as you touch the object, the other person has the opportunity to tag you. If the other person tags you, then no one gets the point.

Begin the game by calling a random number. If the person brings the object back to their side untouched, the person gets a point for their team. If the person grabs the object and is tagged, neither team gets a point. The team that reaches 15 points wins the game.

Buy a monkey

The group makes a circle. Two participants are chosen to stand in the centre of it. One of them is acting as a monkey the other is trying to sell the monkey. They walk up to someone in the circle and the seller says 'would you like to buy my monkey?' The person in the circle answers by saying 'what can your monkey do?' The seller says something the monkey can do and the monkey demonstrates. If the person laughs then they become the monkey and the monkey becomes the seller. If they hold a straight face, the pair must try to sell the monkey to someone else in the circle instead.

Crab Soccer

Materials required: soccer balls, markers/objects to mark out 2 goals

The group is divided into two teams that sit on lines a short distance apart. Players on both teams are assigned a number, starting at number one on each team. Place the soccer ball sits in the centre. Goals are established at each end, one set for each team

The leader calls a number. The player from each team who is assigned that number crab walks (on hands and feet with back facing down to the ground) to the centre and attempts to get the ball over the opponents' goal line. When a point is scored, the ball is returned to the centre and another number is called.

Newspaper fashion

Materials required: a stack of newspapers and tape for each team.

Divide the group into teams of 4-6 and give each team a stack of newspapers and some tape. The groups then have 30 minutes to transform their 'model' using the newspapers by creating an outfit over the model's clothes.

You can make this a little bit more interesting by giving each group a theme for their costumes such as a princess from a Disney film or an outfit inspired by the Wild West.

At the end you can have a fashion parade where judges can decide on a winning design. Teams can give commentary as part of the fashion parade.

Balloon Stomp

Materials Required: Enough balloons for 1 per person plus spare, string.

Blow up all the balloons very full so they are easier to pop (or get the group to do this). Tie a string to each balloon.

Each participant ties a balloon to their left foot. Everyone tries to stomp all the other balloons. When your balloon is popped you are out and you leave the play area.

Last one with a balloon wins.

Balloon Monster

Materials required: 50 balloons and roll of tape for each team. Marker cones

Mark a starting line and cone or marker around which contestants must race - about 30 metres away. Divide the group into small teams (4-5 in each team).

The goal is for each team to blow up their balloons to a minimum diameter (you might want judges to approve the sizes or have a loop of string through which the balloons cannot pass).

The tape is wrapped around one of the team members with the sticky side out. Each balloon is stuck to this person. When all the balloons are stuck on, they must run around the course and back. Points are scored as follows: 10 points for the first team finished, 7 for 2nd, and 3 for 3rd. 3 points for each balloon that is still on the runner at the end.

Blanket Ball

Material required: Ball, blankets or towels or both.

This game is basically group volleyball with blankets and towels. The team holds a towel or blanket and have to pass it back and forth over a line as many times as possible.