



2023 – POINT PERON CAMP ACTIVITY SHEET – SCHOOL GROUPS

SCHOOL INFORMATION

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| SCHOOL INFORMATION | | | | | | | |
| School Name | | | | Age Group | | | |
| Arrival Day (In) | Date | | Time | | Day of the Week | | Number of Students |
| Departure Date | Date | | Time | | Day of the Week | | Number of Supervisors |
| | | | | | | | Total Pax |
| 24-Hour Contact Person (During Event) | | | | | | Phone | |
| E-mail address | | | | | | Mobile | |
| <ul style="list-style-type: none"> • Enclosed shoes are required for all participants and supervisors for all activities including all water-based activities. • Program can be customised to suit ability upon request. • Minimum group size and charges are 16 pax. Large cohorts will be divided into groups of approx. 14 – 18pax. • Roping activities have weight limits, please check with the administrator upon booking if you have concerns. • A suitable supervision strategy is required to manage student behaviour; one member of support staff is required to <i>actively</i> participate in each activity this includes being in the water for water-based activities. • Offsite activities will require the group to provide their own transport to and from the location. | | | | <ul style="list-style-type: none"> • Activities will be conducted by a Fairbridge-qualified instructor and the safety equipment required is supplied. • It is recommended the school bring small portable first aid kits for groups separating offsite for activities. • Fire restrictions are in place from October - May each year, please be mindful of this with your request. • For Weekend and Public Holidays attracts a surcharge of 15% on the quoted price • Self-facilitated/Activities provided by external providers: Camp groups are welcome to organise their own activities including those provided by a third party, however details of the third-party provider must be supplied to Camp Management prior to booking. Camp Management has the right to full discretion over the activities and providers permitted on the premises. We accept no responsibility for any injury, illness, loss of life, damage, or loss to property (or associated costs) that may occur during any self-facilitated or booked external activity. | | | |
| Special requests/wheelchair or special ability requirements (Please specify below): | | | | | | | |
| Special medical conditions of participants (Please specify below): | | | | | | | |
| Additional booking notes or requests/Educational outcomes hoping to achieve: | | | | | | | |

CAMP

FAIRBRIDGE

| Activity | Description | Price pp | Book |
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| Abseiling 3-hour session <i>Recommend for year 5+</i> <i>120kg weight limit</i> | Abseiling is a controlled descent or rappelling down a near-vertical wall via a fixed rope. Our professional and qualified instructor will demonstrate the equipment necessary to abseil and discuss safety and the use of safety equipment. Participants have time to practice on flat ground the process of abseiling and what to expect before climbing the abseiling tower and putting their new skills to the test. | \$38 | |
| Acrophobia 6-hour session <i>Recommend for year 6+</i> | Learn simple skills and gain basic knowledge on how to safely use the required equipment to achieve great heights in our professional indoor climbing centre. Full Day or Day & Night program – can be run in 2 x 3-hour sessions. This program incorporates all 6 of the climbing activities below: PRUSIK CAVE LADDER ROPES BOULDER ROCK CLIMB CRATE CLIMB | \$73.50 | |
| Snakes & Ladders Prusik, Rope Climb & Cave Ladder 3-hour session <i>Recommend for year 6+</i> <i>120kg weight limit</i> | Prusiking: a method of ascending and descending a rope with a friction knot called a 'prusik' knot. Caving Ladder: climbing up a wire rung ladder used in caving activities and in rescue operations, negotiate the narrow holds as the ladder swings back and forth. Rope Climbing: a thick snake-like rope with minimal knots will test even the most skilled climber to discover the best method to ascend this brand-new climbing activity. | \$38 | |
| Multi-Climb Challenge Crate Climbing, Rock Climbing & Bouldering (all ages) 3-hour session <i>120kg weight limit</i> | Bouldering: learn basic climbing skills including body positioning, grip, footwork, and balance to help navigate a low level of rock wall holds. This activity requires teamwork and the spotting of participants in pairs or small groups. Rock Climbing: climbing up, down, or across various rocks to ascend one of our three 12m climbing walls, then attempting one of the two walls with an overhang. Crate Climbing: Team building at its finest. Work together to build a tower of crates efficiently and effectively, allowing one team member who is attached to a safety line to climb up to reach the top. Can you beat the record of 22 crates high? | \$38 | |
| Water Balance Kayak & Surf Awareness Games (year 5+) 3-hour session Stand-up paddleboards can be introduced for participants year 7+ | A great team-building activity with a combination of fun games and skill sessions on the beach and in the water. Participants will gain water confidence, paddling, and balance skills using a mixture of landing pads, kayaks, body boards, and other floating aids to challenge each other in a rescue. Kayak: An introduction to kayaking with a combination of paddling skills, rescue techniques, and balancing all while taking in the breathtaking shoreline views. Surf Awareness Games: Participants need to listen carefully to the instructor for some surf safety and awareness skills. A fun way to introduce basic surf and water awareness, sun safety, first aid preparedness, and water rescue tactics. (SUPS for yr7+) | \$38 | |

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| <p>Above & Below Snorkel & Kayak (all ages) OR Snorkel & Stand-up Paddleboards (year 7+) 3-hour session <i>Kayak can replace SUP for older participants on request</i></p> | <p>An introduction to two remarkable water-based activities. Gain water confidence and skills to explore the remarkable Point Peron above and below the waterline.</p> <p>Kayak: An introduction to kayaking with a combination of paddling skills, rescue techniques, and balancing all while taking in the breathtaking shoreline views.</p> <p>Snorkel: Participants learn how to fit a snorkel and mask and basic breathing and safety techniques. Head below the waterline to discover the fascinating marine environment and learn a little history about the protected rocky outcrops and waterways of Cape Peron.</p> <p>Stand-up Paddleboard (SUP) year 7+: Discover the shoreline above the water on SUPs, testing your core skills and balance! Participants will gain water confidence, paddling, and balance skills during teamwork.</p> <p><i>The Activity Coordinator will be in touch if undesirable weather plans to impact the sessions.</i></p> | <p>\$38</p> | |
| <p>Snorkel Fantastic 3-hour session each <i>Recommend for year 7+</i></p> | <p>Develop the skills and knowledge required to snorkel safely as a group whilst discovering the variety of flora and fauna that call Cape Peron home.</p> <p><i>Available all year round, however cooler months require participants to wear warmer swimming attire. Some thermal rashies are available to borrow, in limited sizes.</i></p> | <p>\$38</p> | |
| <p>Discovery Paddle 3-hour session each <i>Recommend for year 7+</i></p> | <p>Discovery Paddle: A combination of skill sessions and instructional games on kayaks, followed by a paddle along the beautiful coastline of Cape Peron. Participants will gain water confidence, paddling, and balance skills and will require a certain level of water confidence and determination to paddle the distance.</p> | <p>\$38</p> | |
| <p>Shipwreck Challenge Raft Building & Beach Games (all ages) 3-hour session</p> | <p>Beach Games: Participants work together in small groups to complete various sand and water-themed tasks earning them points.</p> <p>Raft Building: Participants are shown simple knot-tying skills by our friendly instructors. Then they're allocated raft-building resources and tips on construction. It's up to the team to design, build and test it to float with or without participants on top.</p> | <p>\$35.50</p> | |
| <p>Keep on Target Archery & Orienteering <i>Recommend for year 4+</i> 3-hour session</p> | <p>Archery: Learn safe bow and arrow handling procedures, and how to hit targets in a controlled environment.</p> <p>Orienteering: Participants learn basic orienteering skills to read a map, navigate the site, find targets or objects, and answer questions.</p> | <p>\$33</p> | |
| <p>Challenge – Cape Peron TEAM Based Education (all ages) 3-hour session</p> | <p>A brand-new Challenge designed to inspire, educate, and challenge all participants in a fun and engaging way.</p> <p>Participants will learn about the unique environment, distinct cultural uses, and rich military history of 'Cape Peron'. Participants then enlist as a team, are allocated relevant duties to collect supplies and navigate themselves through varying challenges.</p> <p>It will require them to use their newfound knowledge to complete meaningful tasks to build personal growth and team</p> | <p>\$33</p> | |

CAMP FAIRBRIDGE

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| | <p>unity.</p> <p>This activity does require participants to go walking offsite, supervised. The option to stay onsite within camp school grounds to complete this challenge is available with prior request.</p> | | |
| <p>TEAM games (all ages) 3-hour session</p> | <p>TEAM building is where participants are given an opportunity to learn team-building skills; working together problem-solving and communicating effectively and mindfulness to complete various fun games. Low ropes and balance logs create a higher difficulty for older participants requiring balance, and support and help build leadership skills.</p> | \$33 | |
| <p>Bushwalking Skills (all ages) 3-hour session <i>Fire restrictions are in place seasonally and fire lighting/ damper making may only be available April to September</i></p> | <p>Bushwalking can occur in a diverse range of environments/natural areas, it can be a short family walk, a day walk, an outdoor education expedition, or as part of an overnight hike.</p> <p>During this activity, participants will learn what to do when preparing themselves to bushwalk through Australia's natural bush and coastlines.</p> <p>From packing a backpack, to snake bite preparedness, shelter builds, or lighting a fire to keep warm, there are many new skills to learn from a half day with our lead instructors. Participants will also learn different ways to navigate themselves when out in remote locations.</p> <p><i>Overnight camping in a tent or cooking meals is an additional option available on request.</i></p> | \$33 | |
| <p>Night Activity (all ages) 1.5-hour session</p> | <p>1.5 hours of instructor-facilitated activities, available between 7.00 pm and 8.30 pm.</p> <p>Options (select one): QUIZ NIGHT MINUTE TO WIN IT FIRE PIT GAMES (<i>seasonal</i>)</p> | \$25 | |
| <p>Additional instructor <i>Cost per instructor per day</i></p> | <p>An additional instructor is occasionally <i>required</i> when the group size requested by the booking group is large or requires additional support for special needs.</p> <p><i>This may be requested by the Activity Co-ordinator upon receiving the booking form and the notation of special requests is reviewed.</i></p> | \$180 | |
| <p>This self-facilitated activity is available for teachers via email prior to camp – please ensure to request in advance.</p> <p>*Further costs incur if require printing at camp school.</p> | | | |
| <p>Self-Directed 2-hour session approx.</p> | <p>Quiz Night: Set of questions and games available for teachers to self-facilitate an evening quiz night for their students. Encourage fun competition by including your own prizes and even add your own personalized category. Can be tailored to individual ages.</p> | \$2pp* | |
| <p>Self-Directed 1.5-hour session approx.</p> | <p>Scavenger Hunt: The scavenger hunt is designed to allow participants to navigate their way around the camp school grounds, finding objects and to answer important questions about the site, including dorm rules, location of meals and important safety notices.</p> | \$FOC | |